

NEXUS CMF TMJ ARTHROSCOPY COURSE

hosted by

SELECTIVE SURGICAL

AGENDA

Sept 27, 2025 CAPE TOWN

Day One

8:00 am – 8:30am	Registration, Light Fare (bagels, juice, coffee, etc.), Introduction
8:30 am -9:30 am	Didactic Session – TMJ arthroscopy technique
9:30 am - 12:30 pm	Cadaveric Demo/ Hands-on Sessions

Joint #1

Level I /II Arthroscopy Demo/Hands-on Training

- Initial Puncture
- Arthrocentesis
- 7 Points-of-Interest
- Second Puncture
- Level II Arthroscopy
- Introduction of Hand/Operative
Instruments

12:30 pm – 1:00 pm	Lunch / Group Discussion
1:00pm – 2:00 pm	Didactic Session – TMJ arthroscopy technique and TJR technique
2:00 pm – 5:00 pm	Cadaveric Demo/ Hands-on Sessions

Joint #2

Level I /II Arthroscopy Demo/Hands-on Training

- Level II Arthroscopy cont.
- Introduction of Thermals: Radio
Frequency—ablation/coagulation
- Level III Demo

Day Two

8:00 am – 8:30am

Light Fare (bagels, juice, coffee, etc.),

8:00 am -9:00 am

Didactic Session – TMJ TJR technique

9:00 am - 12:00 pm

Cadaveric Demo/ Hands-on Sessions

TMJ Alloplastic Prosthesis

- TJR surgical approach demo
- TJR Biomet prosthesis